



Dear Parent,

Grays Point Activity Centre has undertaken a commitment to become a “Safe Asthma Aware OSHC”, which involves implementing best practice asthma management procedures within our Service.

As asthma can occur without warning, your child may experience their FIRST ASTHMA ATTACK whilst attending this Service.

In the event of a child with no previous medical history of asthma having difficulty in breathing consistent with symptoms of asthma, Educators at this Service will call an Ambulance and administer Nationally Recognised Asthma First Aid. This is in accordance with The Education & Care Services National Regulations 2011 - Regulation No. 94. Exception to authorisation requirement – anaphylaxis or asthma emergency “medication may be administered to a child without an authorisation in case of an anaphylaxis or asthma emergency”.

Nationally Recognised Asthma First Aid e.g. *Kids’ First Aid for Asthma, is the recommended Asthma First Aid procedure to be used in a community setting and endorsed by the National Asthma Council of Australia. The plan can be viewed on the attached Children’s Services Asthma First Aid Record.

Nationally recognised Asthma First Aid is a safe and easy to follow procedure that involves administering reliever medication from a Metered Dose Inhaler (puffer) and spacer device (if available), or turbuhaler device, over a time period that allows a gradual administration of the recommended dose. **This is the recognised Asthma First Aid procedure taught to Educators during OSHC asthma management training.** Reliever medication is the mainstay treatment for acute asthma symptoms and works quickly to relax muscles and open the airway, making it easier to breathe.

If your child has current asthma, or has previously been treated for asthma, it is important that Educators at this Service are informed of this.

To assist Educators in providing appropriate asthma “First Aid management” for your child should they experience an asthma attack, **the Service requests that you complete the attached Children’s Services Asthma First Aid Record and return it as soon as possible. Please ensure that you select your preferred Asthma First Aid instructions to be followed.**

To discuss this further please feel free to contact us via:

E: admin@gpactivitycentre.org

P: 02 9540 2020

M: 0427 741 179

Yours Sincerely,

Grays Point Activity Centre

Children's Service Asthma First Aid Record



Child's Name: _____

Date of Birth: / /

To assist Educators, could you please complete this record, in consultation with your child's Doctor and return to Grays Point Activity Centre as soon as possible. It is important that the information on this record is current so please have it updated if any of the details change.

Child's asthma triggers: _____

Triggers minimisation strategies: _____

List any identified allergies: _____

Is your child identified as being at risk of having a severe allergic reaction? Yes No

- Emergency Contact Details:**

Name:	Relationship:
Best Contact Number:	Alternative Contact Number:
Name:	Relationship:
Best Contact Number:	Alternative Contact Number:
Child's Doctor:	Telephone:

The below ticked box is the preferred management plan to be followed in the event that my child requires Asthma First Aid:

Option A: ****Kid's Asthma First Aid for Asthma**

Step 1: Sit the child upright, remain calm and provide reassurance. Do not leave the child alone.	Step 2: Give 4 puffs of a blue reliever inhaler (Salbutamol e.g. Ventolin, Asmol, Airomir), one puff at a time, using a spacer if available (including a mask if required). Instruct the child to take 4 breaths from the spacer after each puff.	Step 3: Wait 4 minutes. If the child still cannot breathe normally give another 4 puffs of blue/grey reliever puffer	Step 4: If the child still cannot breathe normally, call an ambulance immediately (Dial 000) and continue giving 4 puffs of blue/grey reliever puffer every 4 minutes until the ambulance arrives.
Not sure if its Asthma? CALL AN AMBULANCE IMMEDIATELY (DIAL 000) If the child stays conscious and their main problem seems to be breathing, following the Asthma First Aid steps. Asthma reliever medicine is unlikely to harm them even if they do not have asthma.			

Option B: **Other**

(please attach a detailed Asthma Action Plan that has been developed for your child in consultation with/and signed by their Doctor).

My child can self-administer their asthma medication: YES NO

Parent/Guardian Signature: _____ Dated: _____

Doctor's Signature: _____ Dated: _____

If your child requires regular (daily) asthma medication please provide Grays Point Activity Centre with details in accordance with Education and Care Service's National Regulations, 2011 – Division 4 – Administration of Medication.

*The children's Service Asthma First Aid Record has been adapted from the Child/Student Asthma First Aid Record, NSW Paediatric Hospitals' Children's Asthma Resource Pack for Parents and Carers – June 2010.

**Adapted from Kids' First Aid for Asthma – National Asthma Council Australia. 2011. www.nationalasthma.org.au

Disclaimer: The information contained in this form has been developed from current evidence-based practice. It does not replace individual medical advice/treatment. The Sydney Children's Hospital Network, Randwick & Westmead expressly disclaims all responsibility (including negligence) for any loss, damage or personal injury resulting from reliance on the information contained herein.